

Community Responder Safety Kits

Essential Packing List

Use a 1 Gallon zip lock freezer bag to store in a dedicated backpack. Separate items into individual sandwich bags for easy access and to avoid contamination.

We recommend a sandwich bag for each of the following:

- **Disposable wipes:** Small tissue packet, individually packed wet wipes or Sudecon wipes (*specially designed to remove chemical agents*)
- **Travel-sized liquids:** hand sanitizer, mouthwash/spray, dish soap or baby shampoo (to add to wet wipes)
- **Contamination Prevention:** Rolled up xl drawstring garbage bags, medical gloves
- **Nose & Mouth:** Bandana and/or face masks
- **Eyes & Ears:** Sunglasses/safety glasses or swim goggles, earplugs
- **Recording Information:** Small notepad and sharpie pen
- **Personal First aid:** Instant ice pack, Band-Aids, 4x4 gauze, roll of medical tape
- **Comfort supplies:** Travel poncho for rain, emergency heat-reflecting blanket, menstrual products
- **Personal Medication:** Personal prescriptions, asthma inhaler, personal pain relief
- **Communication:** Extra portable phone charger, laminated printout with essential phone numbers
- **Hydration & Energy:** Electrolyte powder to mix in water, high-energy snacks

Separate from the freezer bag, also plan to bring:

- 1 water bottle for hydration
- 1 pop-top water bottle pre-mixed w/ saline solution

TIPS TO STAY SAFE & DE-ESCALATE

Before you patrol or protest

- Tell someone where you are going. Have a plan.
- Write important numbers in permanent marker on your arm.
- Charge your phone & make sure you have memory to record video.

Patrol Team Safety in 3's

- **Recorder:** Submits the S.A.L.U.T.E report to the ICE Hotline (515-505-8805), records video and verbally narrates what they are seeing.
- **Supporter:** Provides immediate aid, reassurance and resources to people directly targeted or witnessing an ICE action. Helps contact family or legal counsel.
- **Monitor:** Actively patrols for situational awareness, helps inform un-trained bystanders of safe conduct, uses whistle or text chains to alert others.

De-escalation DO's & DON'Ts

- **DO** Repeat: "I am complying. I have a legal right to be here and to record in a public place. I am not interfering."
- **DO** Stay at least 10 feet away from any officers. (Practice how far away that is!)
- **DO NOT** Yell at the officers - scream in your head, not out loud.
- **DO NOT** Record while driving or biking. Stop/park first!
- **DO** Keep your vehicle doors locked and windows rolled up if you are in your car.
- **DO NOT** Use biometrics to open your phone.